



MOUNT VERNON COMPOSITE SQUADRON



Monthly Safety Meeting

12 November 2015

Please sign roster



Holiday season can be
a time of joy...but also
a very hectic time
which can put you at
risk.



Tree and decorations

- Live tree: keep watered, and away from heating ducts and fireplace
 - ❖ Artificial trees should be flame retardant
- Holiday lighting:
 - ❖ No frayed wires or excessive kinking
 - ❖ Avoid bulb contact with needles or ornaments
 - ❖ No more than three sets on same extension cord
- Candles: if lit, place in sturdy holder

Fireplace safety

- Burning wrapping materials can create toxic fumes...or even a flash fire
- Don't close the flue until fire is completely out
- Smoke detectors and fire extinguishers working?



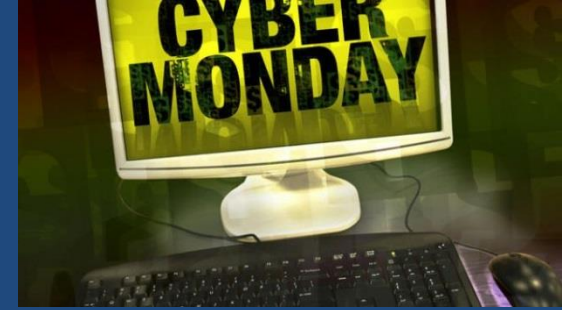
- More house fires on Thanksgiving than any other
 - Unattended cooking accounts for most
- Safety in the kitchen
- Have you checked your smoke alarm?
- Turkey Fryers- do NOT use a frozen turkey.



The kitchen is the heart of the home, especially at Thanksgiving. Kids love to be involved in holiday preparations. Safety in the kitchen is important, especially on Thanksgiving Day when there is a lot of activity and people at home.

Online Shopping Safety Tips

- Use familiar/trusted websites
- Avoid clicking on embedded hyperlinks in email
- Look for the lock (**https://** vice **http://**)
- Use strong passwords
- Avoid public terminals...and over the shoulder spying
- Privatize your Wi-Fi
- Know what's too good to be true (avoid coupon scams)
 - Scammers may auction gift cards with little/no funds on them

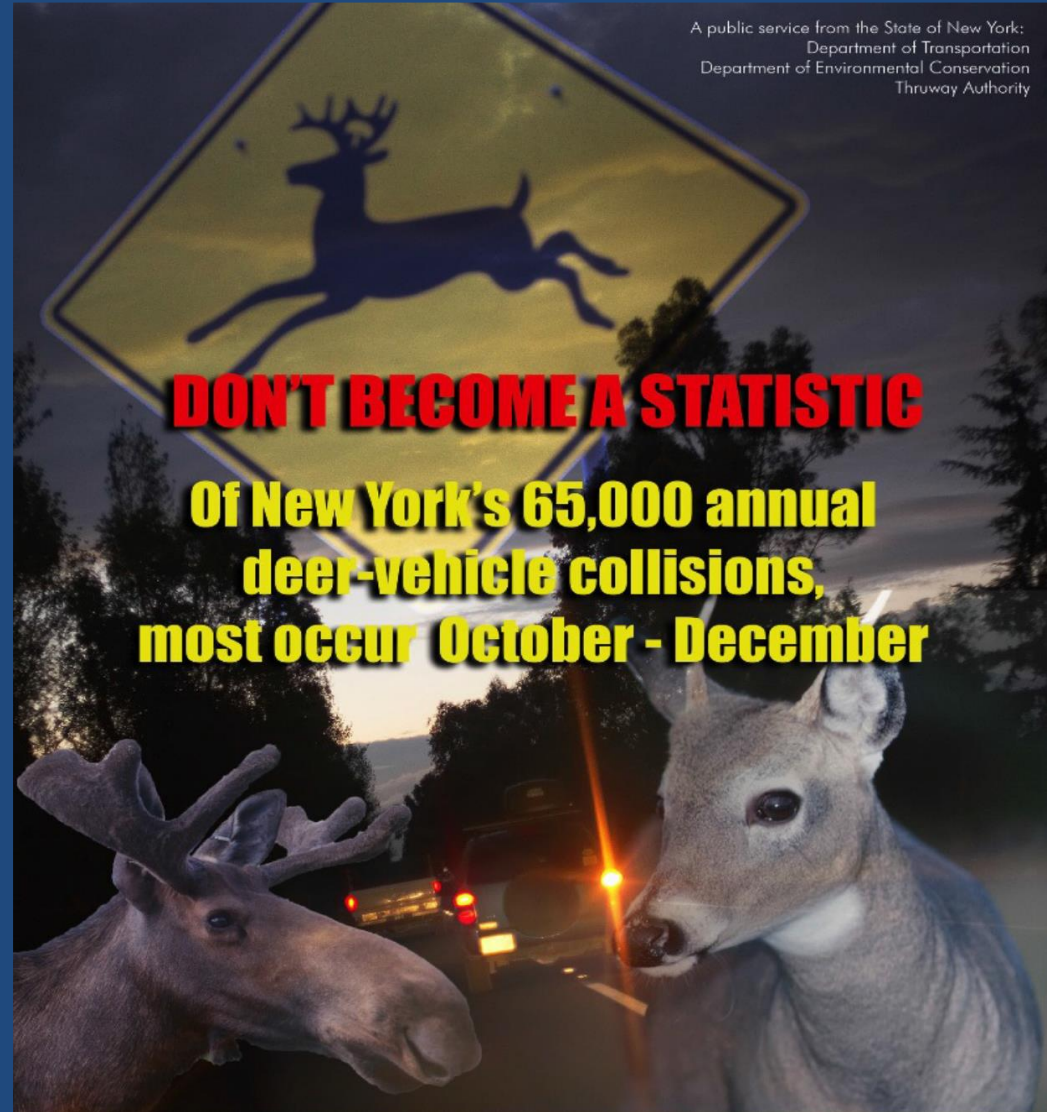


Winter Weather Driving Tips

- Are you ready?
 - Check condition of hoses, belts, anti-freeze (down to 0°F), windshield fluid
 - Battery (~5 yrs)/connections, heater/defroster, brake condition
 - Check conditions of wiper blades, tires, exhaust system



- Most collisions at dawn/dusk
- Slow down, be prepared for sudden movement... others may follow
- If a deer runs in front of your vehicle, brake firmly but do not swerve



Poison Control

- Poison Peril: “Poisonings are more common – and More deadly –than you realize” U.S. Department of Health and Human Services – www.hhs.gov
- Poisoning affects all ages: 75% of poisoning deaths occurred among people between ages of 25 years to 59 years old
- Types of poison exposure:
 - Medications
 - Chemical contact
 - Carbon monoxide
 - Food

Suspect Poisoning

- Prevention:
 - Never mix household or chemical products together
 - Never share prescription medicines
 - Make sure you have good ventilation when using gas appliances i.e. heaters, stoves, fireplace remember the signs?)

Suspect Poisoning

- What to do:
 - Call 911 if person is not breathing
 - Poison control 1(800)222-1222
 - If the person inhaled poison, get him or her fresh air right away.
 - If the person has poison on the skin, take off any clothing the poison contacted. Rinse skin with running water for 15 to 20 minutes.
 - If the person has poison in the eyes, rinse eyes with running water for 15 to 20 minutes.

Review

Email answers to 4 questions: Safety Officer

True – False:

1. It is good to plug more than 4 sets of lights into one extension cord.
2. It is highly recommended to use strong passwords for password for protected web sites.

Review

Multiple choice:

1. Poisoning affects:
 - a. Only young children
 - b. 50% parents only
 - c. 25% aircrew members
 - d. 75% people between 25 years and 59 years old
2. When shopping on line you should look for:
 - a. Pop up screens that offer great coupons
 - b. Untrusted websites
 - c. https:// in the address line
 - d. All of the above